

Is This a Scam?

Six quick checks • Three golden rules • Keep by the phone

PRINT &
KEEP

✓ SIX QUICK CHECKS

- 1 Did they contact you first?**
Real banks, HMRC and the NHS never call, text or email out of the blue asking for personal details or money.
- 2 Are they asking for money or details?**
Requests for bank transfers, gift cards, crypto, passwords or your full card number are nearly always scams.
- 3 Are they rushing you?**
“Act now or lose access” — “today only” — “your account will be closed.” Pressure is a red flag. Real organisations wait.
- 4 Does the number or email look wrong?**
Check carefully — scammers use addresses like “lloyds-bank.support.uk” or numbers that start 07.
- 5 Is there a link to click?**
Never click links in unexpected texts or emails. Go directly to the official website by typing it yourself.
- 6 Does something feel “off”?**
Trust your gut. If it feels wrong, it probably is. You are always allowed to say “no” and hang up.

NEVER GIVE THESE TO ANYONE WHO CALLS YOU

- ⚠ Your full bank card number, PIN or passwords
- ⚠ A one-time code sent to your phone
- ⚠ Access to your computer (via remote control apps)
- ⚠ Cash or a payment by gift card or crypto



★ THREE GOLDEN RULES

- S STOP**
Don't do anything right away. Hang up or close the message. Take a breath. Scammers want you to act before you think.
- C CHECK**
Call the official number — from your bank card, their website, or dial 159 to reach your bank safely. Never use a number from the suspicious message.
- T TELL**
Tell a family member, friend or neighbour before you do anything. A second opinion can save you from a costly mistake.

📞 CALL 159 — THE SAFE BANK LINE

If you're not sure whether a call really is from your bank, hang up and dial **159**. This connects you safely to your bank — available 24/7, free from most phones.

🚨 BEEN SCAMMED? REPORT IT.

Action Fraud: 0300 123 2040

Online: actionfraud.police.uk

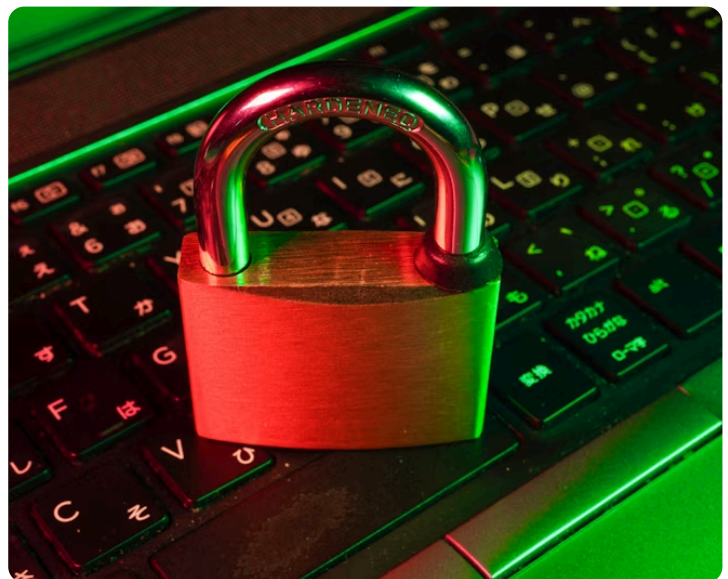
Banks: Call the number on the back of your card

Reporting helps protect others in your community.

Not sure? Ask Kev.

Worried about a message, call or email? Give me a ring and I'll help you decide what to do — no charge for a quick question.

07946 638 247



✂ FOLD HERE — KEEP THE LEFT SIDE VISIBLE BY THE PHONE